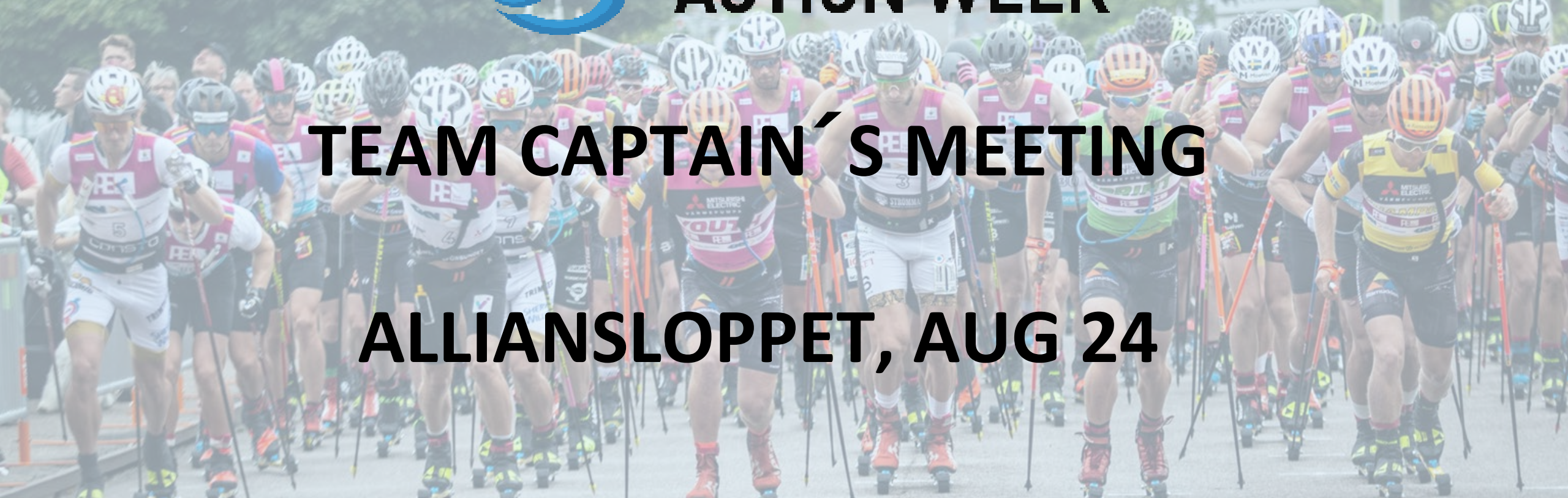




# TROLLHÄTTAN ACTION WEEK

## TEAM CAPTAIN'S MEETING

## ALLIANSLOPPET, AUG 24



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# AGENDA

- Introduction of the OC, the Jury and SSA
- Information from OC
- Entries and Draw
- Event Program
- Weather Forecast
- Course
- Pole support
- Information from TD
- Information from SSA/FIS
- World Classic Tour
- Q&A

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# INTRODUCTION OF THE OC, THE JURY AND SSA



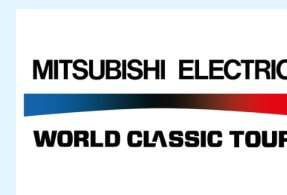
## OC:

**Project Manager:** *Baptiste Noel*  
**Chief of competition:** *Fredrik Liljesäter*  
**Race Secretary:** *Niclas Lund*  
**Chief of course/safety:** *Tobias Mattsson*  
**Chief of timekeeping:** *Alfred Andersson, EliteTiming*  
**World Classic Tour:** *Daniel Tynell*

## JURY:

**TD:** *Michel Rainer*  
**TD assistant:** *Erik Björelind*  
**Chief of competition:** *Fredrik Liljesäter*

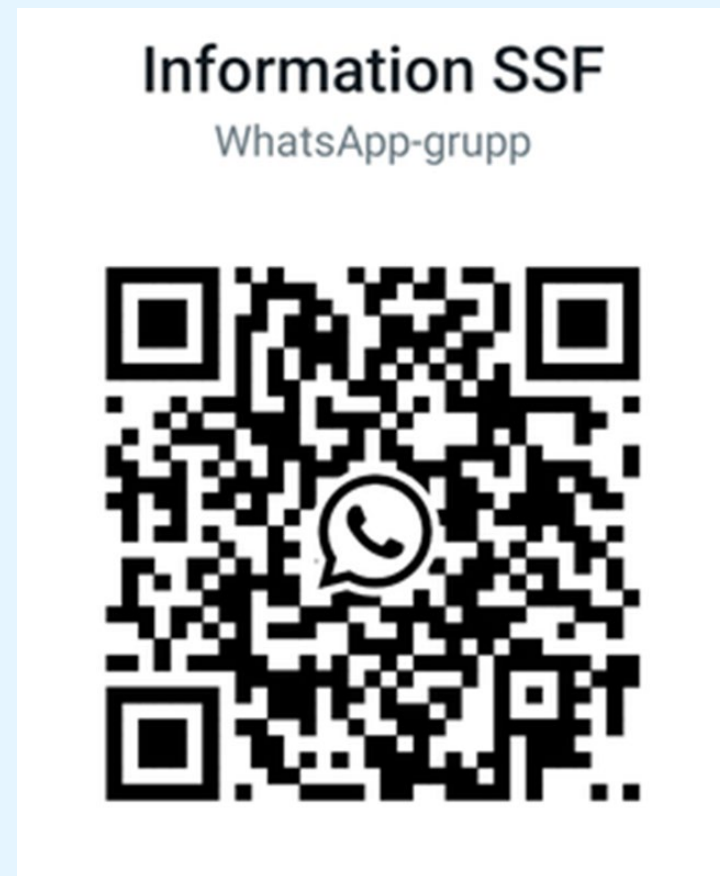
**Swedish Ski Association represented by: Jonas Braam**





# INFORMATION FROM OC

There is a WhatsUp group where information is published continuously during the competition from OC. To get the messages join the group using the QR-code.



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# START LIST, ENTRIES AND DRAW

World classic and Svenska spel summer tour leader BIB:s will be on front four positions.

Svenska Spel Summer Tour leader BIB:s will be worn by Linn Sömskar and Carl-Johan Westberg.

Then we have 12 top seeded MEN and 6 seeded WOMEN  
After that according to FIS distance points

Do we have any competitors in the start lists that we know will not start tomorrow?

We will publish the final start list at 21:00 tonight on Alliansloppet web-page.



# EVENT PROGRAM

## Alliansloppet Open

9:00 Alliansloppet Open 48/32km junior

9:03 Alliansloppet Open 32/16 km

## Alliansloppet Competition / Elite

12:15 Alliansloppet Elite 48 km Women

12:45 Alliansloppet Elite 48 km Men

Prize giving ceremony directly after finish (approx. 15:15)

*Top 6 Women and Men MUST attend, also leaders of World Classic Tour and Svenska Spel summer tour.*

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# WEATHER FORECAST

Time	Weather	Precipitation mm	Wind m/s (gust)	Feels like °C	Humidity %	Air pressure hPa	Visibility km
08	 15°	0,0	SV ↗ 4 (8)	15°	75	1008	20 - 50
09	 15°	0,0	SV ↗ 4 (8)	15°	76	1009	20 - 50
10	 16°	0,0	SV ↗ 4 (8)	16°	72	1009	20 - 50
11	 17°	0,0	SV ↗ 4 (9)	17°	66	1009	20 - 50
12	 18°	0,0	SV ↗ 4 (9)	18°	61	1010	20 - 50
13	 18°	0,0	SV ↗ 4 (9)	18°	59	1010	20 - 50
14	 18°	0,0	S ↑ 4 (8)	18°	65	1010	20 - 50
15	 18°	0,0	S ↑ 2 (7)	18°	68	1009	20 - 50
16	 18°	0,0	S ↑ 2 (5)	18°	69	1009	20 - 50
17	 18°	0,0	S ↖ 3 (7)	18°	67	1008	20 - 50

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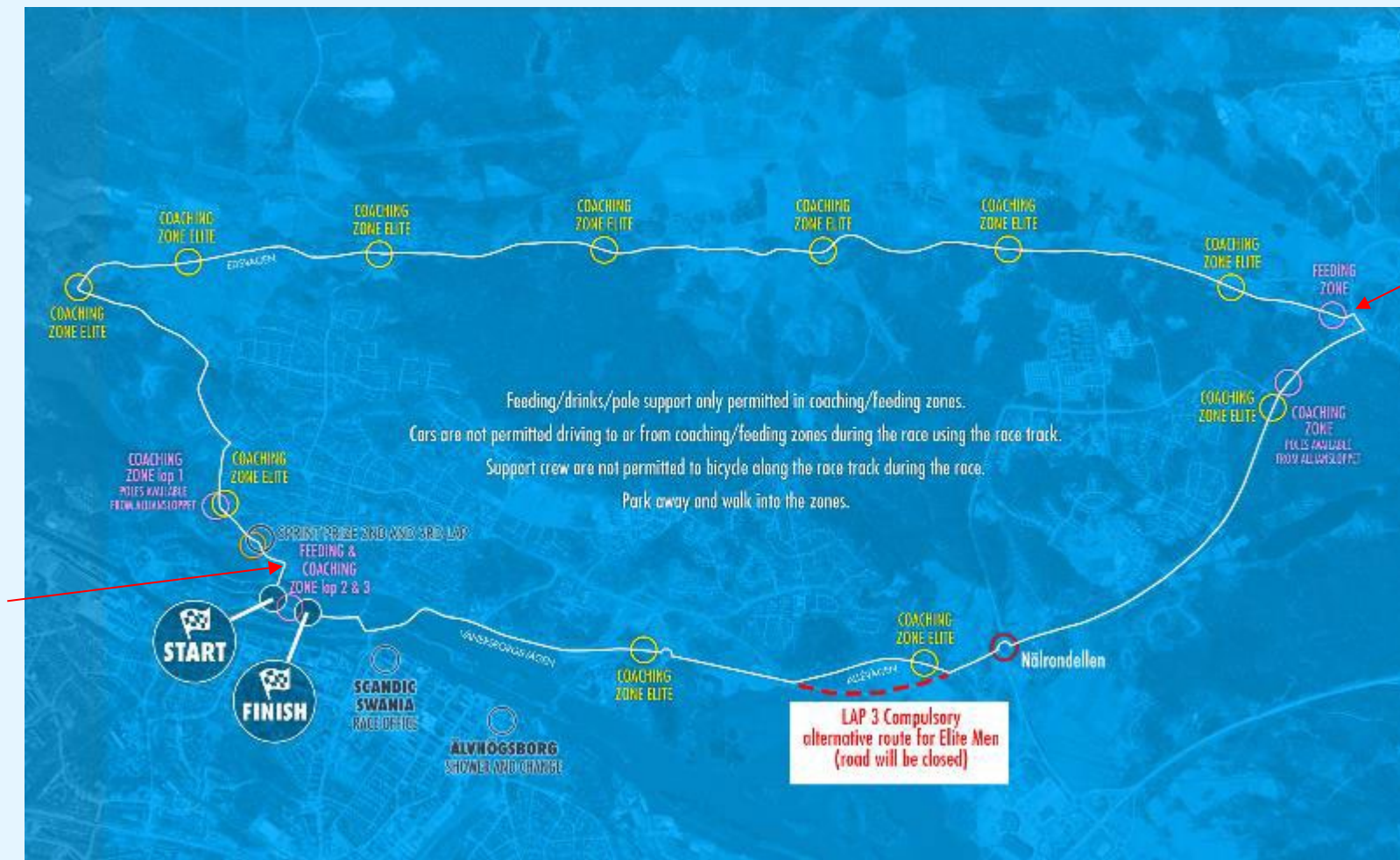


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# COURSE



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VISMA  
SKI CLASSICS  
Challenge



# COURSE – BEFORE START

BIBs and transponder distribution in the BIB-tent to the left when entering the arena.

Roller skies (SWENOR Alutech with wheel type 3) are provided by Alliansloppet for all elite participants through;

All ELIT WOMEN and MEN BIB 1-120 => LL / SWENOR  
MEN BIB 121-299 => RULLSKIDCENTER

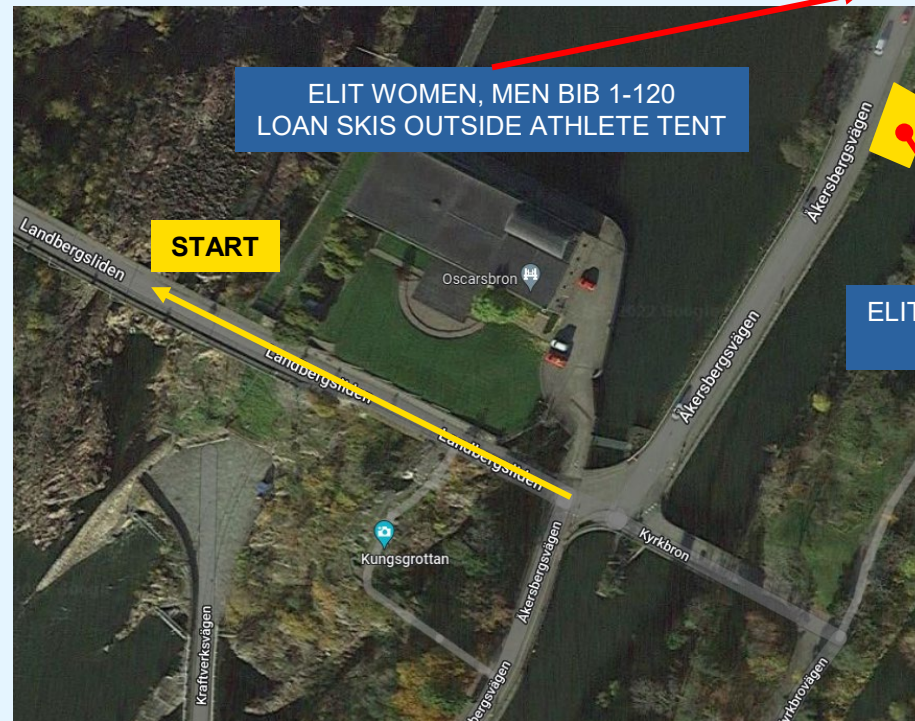
The skis shall be picked up by each competitor on the way to the start, the skis can be picked up from:

11:00 WOMEN






11:30 MEN

BIB should be presented when picking up the skies!

The skis are returned directly after finish at the same place!



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# COURSE - START

The start is on Oscarsbron and officials will support and guide the skiers to the correct starting positions.

Gate 1 closest to Landbergssliden

We have 155 separate marked positions. Top 4 skiers with World classic tour BIBs start in front row.

## MEN

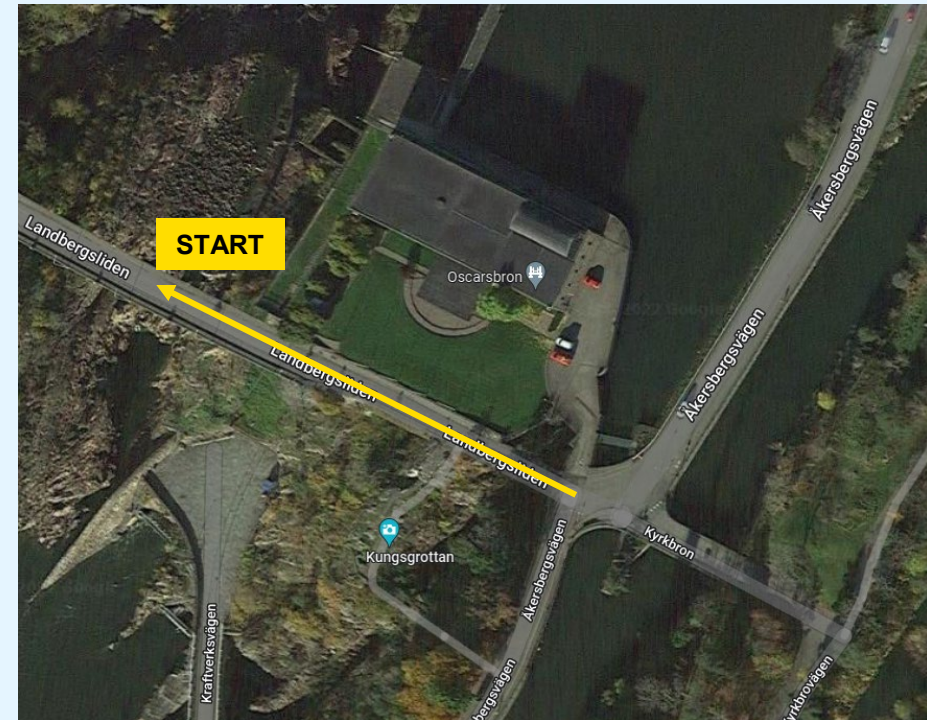
BIB 1-155 on marked positions, GATE 1 [Lowest FIS-points]  
BIB 156-199 GATE 2, free positions in gate  
BIB 201-299 GATE 3, free positions in gate [No FIS-points]

## WOMEN

BIB 501-599 on marked positions, GATE 1

Be in time, min 10 minutes before start!

MEN BIB 1-100 and all WOMEN will have two transponders  
BIB list from TV will wear GPS harness



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# COURSE - LAPPING VS. FINISH

NO corridors during the Elit race this year

The whole road width to be used!



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# SPRINT PRIZE

Sprint prize will be on lap 2 and 3 in the middle of the Landbergsliden hill



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# COURSE - UNIQUE FINISH LAP 3

Unique course before the finish for the front group of ‘Men Elit 48 km’, on the road all the way from Båberg instead of the parallel bicycle road after NÄL roundabout. The road will be closed and cleared from traffic to allow front men athletes to use the whole road until the finish line.

**Front group of MEN Elite MUST use the road all the way to the finish on LAP 3. It is NOT allowed to use the cycle path / pavement.**

All the rest of “Men Elite / competition” and “Women Elit” will have same course for all three laps (on parallel bicycle-road).

Officials will guide the competitors and lead vehicles will drive ahead the group for guidance and security



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# POLE SUPPORT BICYCLE

As additional service to the coaching zones, two pole bicycle follows the first groups in both 'Alliansloppet Elit' classes (Men / Women).  
One bike will also follow an break-out leader.

Raise the arm to notify that the skier fall back to the bicycle

Right-poles on left side of the bicycle, left-poles on right side of the bicycle

We provide 145 to 160 cm poles, 2 of each from the beginning

The pole support bicycle can't take care of the broken pole!



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# BROKEN POLES

## Three pole support stations

- Landbergsliden
- Båberg
- Alliansloppet Arena

Replacement poles from the pole support cars and/or the pole stations to be returned in the BIB tent

Broken poles, left at the pole support stations, will be possible to pick up in the BIB tent during the day



salomon

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# SAFETY

Follow Police and Alliansloppet officials' directives

Ordinary traffic rules apply and the roads are NOT closed!  
Roundabouts MUST be passed counterclockwise!  
Sidewalks in first hill and in Båberg are NOT allowed to be used!

Official lead motorcykles from Alliansloppet to clear road!

Support crew are NOT permitted to follow along the race track during the race! Speeding support teams between coaching zones are NOT allowed!

There are a lot of coach zones!

If an accident happens, it's your responsibility to stop and check that the person hurt from the accident is ok or needs help!



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# INFORMATION FROM TD

We prioritize sportsmanship and you are a vital part of it! We together choose and act in accordance with a high level of sportsmanship.

Use approved helmet and protective glasses

Follow Alliansloppet official's directives and FIS rules.

During the race, slower riders to the right, you are not allowed to hold someone behind you on purpose

It is classic technique

It is not allowed to adjust or change in any way the provided skis

Reminder FIS Rules:

- ICR 343.10 overtaking
- ICR 343.9 obstruction
- ICR 343.8. Classic technique
- ICR 343.5 Transponders
- ICR 343.8.1 Maximum Pole length

**Reminder!** An athlete with a pole tip not following the rule will NOT be allowed to start the race.

=== IMPORTANT INFO ===

From July 1, 2023 EVERYONE who rides a roller ski competition MUST have the new type of roller ski snowmobile with a minimum diameter of 30 mm (see type in the picture below).

If you have questions about the new rule, you are welcome to contact [seedning@alliansloppet.se](mailto:seedning@alliansloppet.se)

All information about the new rule can be read here:

[More information here](#)



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# ABANDONING THE RACE

If abandoning the race you need to inform officials at the Alliansloppet arena

You may not cross the finish line if you interrupt the race!



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# PRIZE GIVING CEREMONY

Flower ceremony will be held directly after finish for both Men and Women on the grand stage at the Alliansloppet arena. TOP 3 to stay!

The prize giving ceremony will be held at about 14:50-15:00 at the finish area.

Top 6 athletes as well as MEWCT and Svenska Spel Summer Tour leaders must attend.



Position	Sprint Damer	Sprint Herrar	Alliansloppet Damer	Alliansloppet Herrar	Distans Damer	Distans Herrar	TOTAL
1	10000	10000	50000	50000	10000	10000	
2	8000	8000	20000	20000	8000	8000	
3	5000	5000	10000	10000	5000	5000	
4	3000	3000	8000	8000	3000	3000	
5	2000	2000	5000	5000	2000	2000	
6	1000	1000	2000	2000	1000	1000	
Spurtpris 1			Certina watch	Certina watch			
Spurtpris 2			Certina watch	Certina watch			
<b>TOTAL</b>	29000	29000	105000	105000	29000	29000	<b>346000</b>

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*Stage 4*  
*Alliansloppet*



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## *STAGE 4: ALLIANSLOPPET*

- 48 km mass start classic technique
- 200 points event
- New distinctive bibs holders must be present at the prize ceremony



## Mitsubishi Electric World Classic Tour bibs holders



Thomas JOLY  
Team Ramudden

Astrid Øyre SLIND  
Team Aker Dahlie



Einar KALLAND-OLSEN  
Exsitec Ski Team

Silje Øyre SLIND  
Tean Aker Dahlie



Amund RIEGE  
Team Ramudden

Hanna LODIN  
Team Engcon

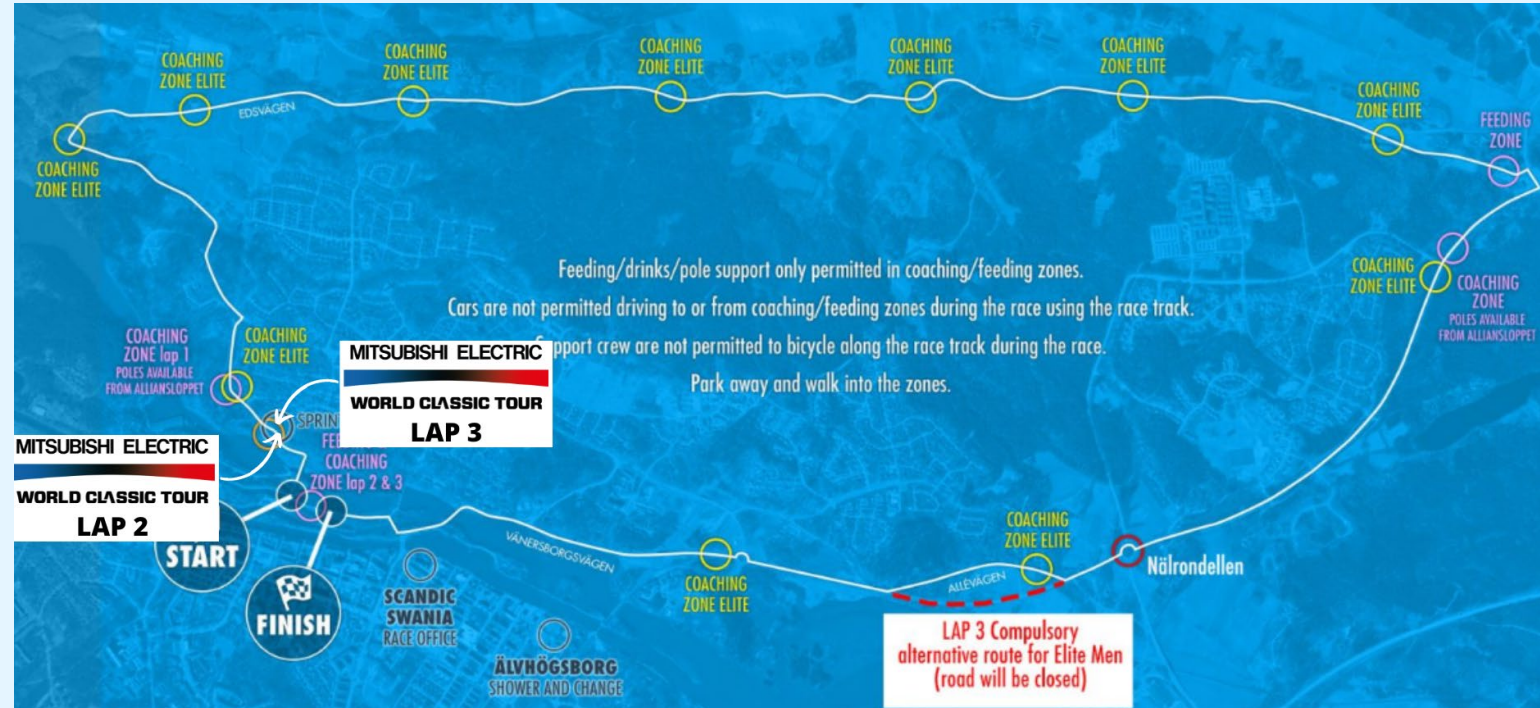
# WCT SPRINTS - ALLIANSLOPPET

Points for WCT sprint standings will be awarded on:

- Sprint 1 – Landbergsliden lap 2 after approx. 16,5 km
- Sprint 2 – Landbergsliden lap 3 after approx. 32,5 km

Points allocated on each sprint for both men and women:

1 <sup>st</sup> position	2 <sup>nd</sup> position	3 <sup>rd</sup> position	4 <sup>th</sup> position	5 <sup>th</sup> position
40 points	30 points	20 points	10 points	5 points



These are the last sprint points awarded for this season – no sprint points on the final stage





## *NEXT EVENT*

Final stage: Trollhättan Action Week 15km Individual  
Start - 25<sup>th</sup> of August

*Have a good race!*



# GENERAL INFORMATION FROM SSF/FIS

**Thank you** Alliansloppet SK and  
Trollhättans municipality for organising

All competitions part of

## Svenska Spel Summer Tour

Final in Falun October 5-6

Svenska Spel **Hejapris** for best woman and man of  
the day relative their own FIS-points in the individual  
race on Sunday\*

\*See rules at

<https://www.skidor.com/idrotter/langdakning/tavling/nationell/t/svenska-spel-summer-tour-2024>



**Jonas Braam**  
SSF, Tel 0733-223222

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# GENERAL INFORMATION FROM SSA/FIS

## The sustainable skier and athlete





- guidance towards a balanced, healthy and sound life for yourself and your adepts

Develop your competence

## Education weekend Oct 4-6

**Ulricehamn** Coaching (all levels), timing, venues and more  
*First register stop Sep 1.*



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# GENERAL INFORMATION FROM SSA/FIS

Join us in our strive for **attractive cross country skiing all year around**  
and towards

**More and Better**

Good luck to all! Wishes for **fair and safe competitions** where the strongest skiers of the day are **victorious**

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# Q&A



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**THANK YOU AND  
GOOD LUCK!**

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