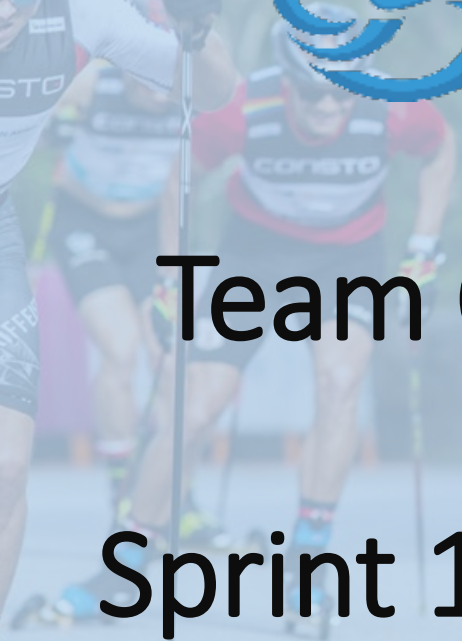




# TROLLHÄTTAN ACTION WEEK

## Team Captain's meeting

## Sprint 1.3 km Free, Aug 23



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# Agenda

- Introduction of the OC, the Jury and SSF
- Information from OC
- Entries and Draw
- Event Program
- Weather Forecast
- Stadium
- Course
- Information from TD
- Information from SSF/FIS
- Q&A

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# Introduction of the OC, the Jury and SSA

## OC:

**Project Manager:** *Baptiste Noel*  
**Chief of competition:** *Fredrik Liljesäter*  
**Race Secretary:** *Niclas Lund*  
**Chief of course/safety:** *Erik Hallberg*  
**Chief of timekeeping:** *Alfred Andersson, ElitTiming*

## JURY:

**TD:** **Michel Rainer**  
**TD assistant:** **Erik Björelind**  
**Chief of competition:** **Fredrik Liljesäter**

**Swedish Ski Association represented by: *Jonas Braam***

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# Information from OC

There is a WhatsUp group where information is published continuously during the competition from OC. To get the messages join the group using the QR-code.

## Information SSF

WhatsApp-grupp



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# Start list, Entries and Draw

Prologue 10 seeded WOMEN and 15 seeded MEN according to FIS-points sprint.

Seeded athletes starts first with 30sec interval.

Unseeded athletes starts according to FIS-point list, 15sec interval.

Svenska Spel Summer Tour leader BIB:s will be worn by Linn Sömskar and Carl-Johan Westberg.

Do we have any competitors in the start lists that we know will not start tomorrow?

Write in the chat if you have athletes not in the list or any withdrawals.

We will publish the final start list at 21:00 tonight on Alliansloppet web-page.

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 GKN AEROSPACE	 Trollhättans Stad	 - CONSTO -	 VÄST SVERIGE.com	 CERTINA SWISS WATCHES SINCE 1884



# Event Program

## Women and Men Sprint 1.3 km free technique

- **Qualification with interval start**
- **Finals with 30 women**
  - **5 quarter finals x 6 athletes**
  - **2 best skiers per quarterfinal plus the 2 best times gets qualified for the semifinals**
  - **2 best skiers per semifinal plus the 2 best times gets qualified for the finals**
- **Finals with 30 men**
  - **5 quarter finals x 6 athletes**
  - **2 best skiers per quarterfinal plus the 2 best times gets qualified for the semifinals**
  - **2 best skiers per semifinal plus the 2 best times gets qualified for the finals**

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# Event Program

**Thursday (today) 21:00. Final start list is published**

**Friday**

- **12:00** **Event arena is closed for the traffic**
- **12:00** **BIBs and transponders OPEN**
- **12:30** **Swenor provided loan skies OPEN**
- **12:30 - 13:55** **Race track open for practice / warm up**  
(Warm up continued north of start area)
- **14:00** **TV4 start broadcast**
- **14:03** **First start Women qualification**
- **14:20** **First start Men qualification**

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# Event Program - Continued

**New BIBs and transponders for the finals, pick up at BIB tent**

**Quarter finals Women/Men ~14:55-16:00**

**Semi finals Women/Men ~16:00-16:30**

**Finals Women/Men ~16:35-16:50**

**Price giving ceremony, approx. 17:20.**

**Please prepare for potential short interview by TV4 between the heats**

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# Event Program - Continued

Official prize giving ceremony after the finals ~17:20 at the finish area, prizes to all athletes in the respective final (6 men and 6 women)

Position	Sprint Damer	Sprint Herrar	Alliansloppet Damer	Alliansloppet Herrar	Distans Damer	Distans Herrar	TOTAL
1	10000	10000	50000	50000	10000	10000	
2	8000	8000	20000	20000	8000	8000	
3	5000	5000	10000	10000	5000	5000	
4	3000	3000	8000	8000	3000	3000	
5	2000	2000	5000	5000	2000	2000	
6	1000	1000	2000	2000	1000	1000	
Spurpris 1			5000	5000			
Spurpris 2			5000	5000			
<b>TOTAL</b>	<b>29000</b>	<b>29000</b>	<b>105000</b>	<b>105000</b>	<b>29000</b>	<b>29000</b>	<b>346000</b>

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# Weather forecast

Time	Weather	Precipitation mm	Wind m/s (gust)	Feels like °C	Humidity %	Air pressure hPa	Visibility km
11	 16°	0,5	S ↑ 5 (9)	16°	95	999	5 - 10
12	 17°	0,3	S ↑ 4 (9)	17°	95	998	10 - 20
13	 17°	0,1	S ↑ 6 (12)	17°	92	997	5 - 10
14	 17°	0,4	S ↑ 6 (12)	17°	91	997	20 - 50
15	 17°	0,8	S ↑ 6 (13)	17°	93	996	10 - 20
16	 17°	1,3	S ↑ 7 (12)	17°	93	995	5 - 10
17	 17°	1,5	S ↑ 7 (13)	17°	93	994	5 - 10

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# Stadium

Athlete zone, BIBs, accreditations (athletes and coaches) and Swenor roller skis when entering the arena from north

Start just before the main stage

Finish in Landbergsliden



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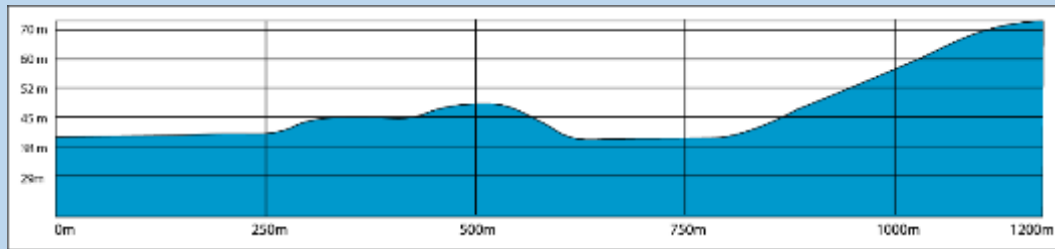
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# Course

Start close to Athlete zone

Finish in top of Landbergsliden



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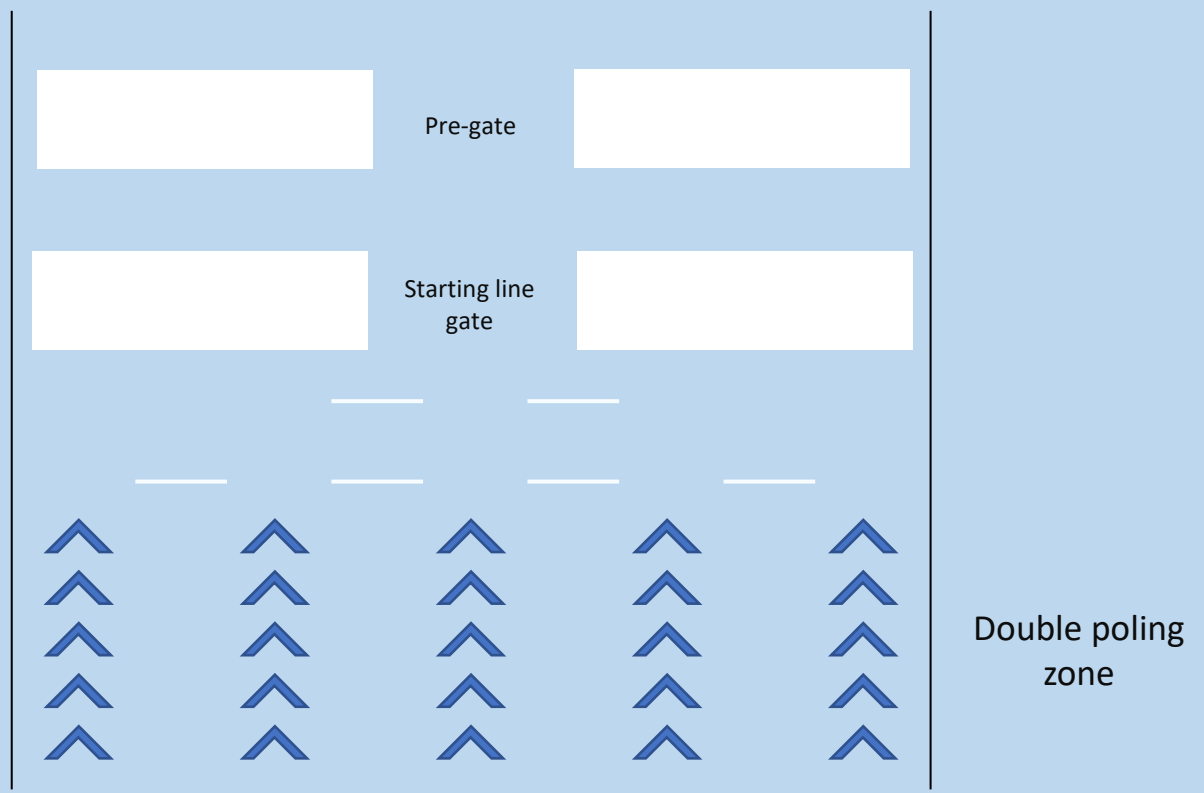
# Course - Continued

Prolog: Poles on front side of gate is ok  
 Finals: ALL equipment behind the line

## Start



## Start - details



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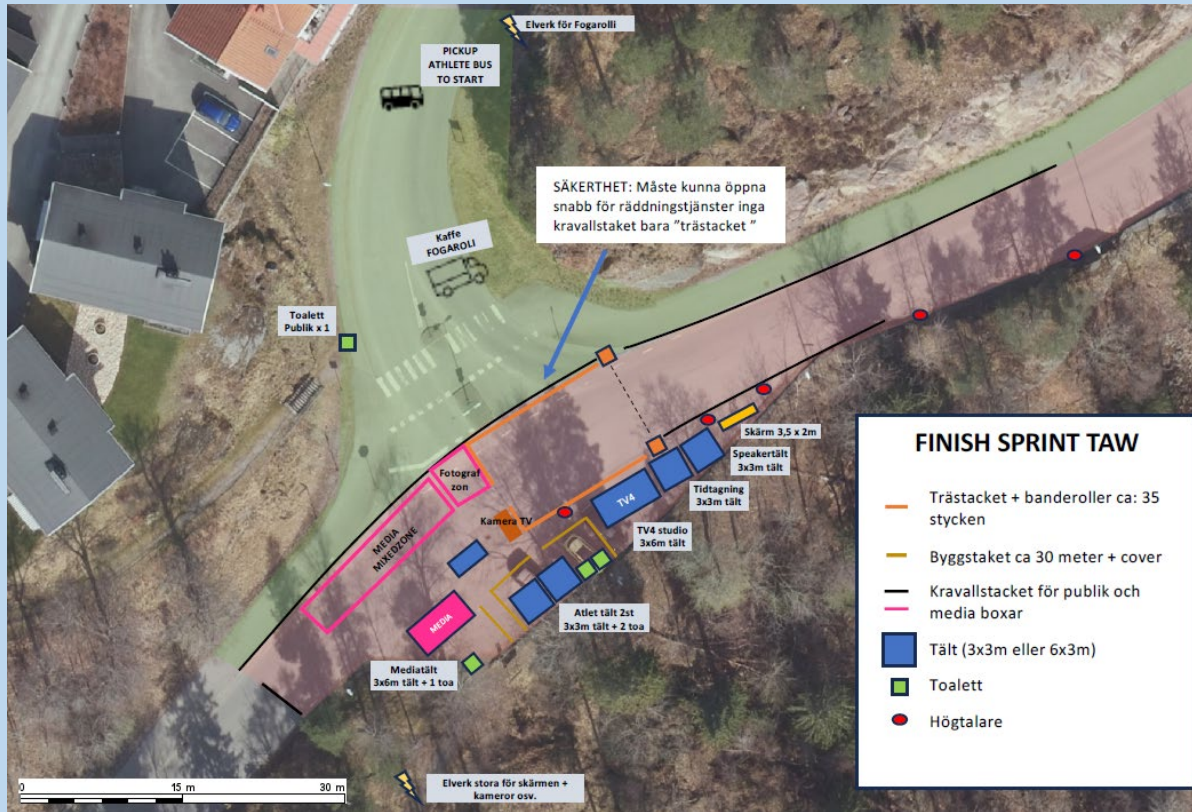


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# course - Continued

Finish



- All athletes leave the transponders and BIBs at finish after their qualification race
- Results on computer in tent (at finish and Athlets tent at start) as well as on [live.skidor.com](https://live.skidor.com)
- New BIBs and transponders are picked up in the BIB's tent before quarter finals
- Eliminated athletes during the finals leave the transponders and skis at pick up location (close to athletes tent at start)
- Athletes stay for prize giving ceremony, keep the BIB on

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# Back to Athlete zone



Return to the Athlete zone via minibuses as shuttles (to Alberts hotel and then a short walk down the stairs).

It is possible to go with rollerskies but the roads are open to public and traffic.

Athlete who are qualified for the next final shall return with priority to the start via the Athlete zone

Special focus between the semifinals and finals, since the time between them is relatively short!

It is NOT allowed to go on the roller skis down Landbergsliden!

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# Information from TD

We prioritize sportsmanship and you are a vital part of it! We together choose and act in accordance with a high level of sportsmanship.

Use approved helmet and protective glasses

Follow Alliansloppet official's directives.

The arena is closed for vehicles but in case of emergency blue-light might need to come through.

It is not allowed to adjust or change in any way the provided skis

Reminder FIS Rules:

- ICR 343.10 overtaking
- ICR 343.9 obstruction
- ICR 315.5.2 Start procedure
- ICR 343.5 Transponders



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# REMINDER !

*An athlete with a pole tip not following the rule will NOT be allowed to start the race.*

## === IMPORTANT INFO ===

From July 1, 2023 EVERYONE who rides a roller ski competition MUST have the new type of roller ski snowmobile with a minimum diameter of 30 mm (see type in the picture below).

If you have questions about the new rule, you are welcome to contact [seedning@alliansloppet.se](mailto:seedning@alliansloppet.se)

All information about the new rule can be read here:

More information here



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# General information from SSF/FIS

**Thank you** Alliansloppet SK and Trollhättans municipality for organising

All competitions part of  
**Svenska Spel Summer Tour**  
Final in Falun October 5-6

Svenska Spel **Hejapris** for best woman and man of the day relative their own FIS-points in the individual race on Sunday\*

\*See rules at  
<https://www.skidor.com/idrotter/langdakning/tavling/nationell/svenska-spel-summer-tour-2024>



**Jonas Braam**  
SSF, Tel 0733-223222

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# General information from SSA/FIS

The **sustainable skier** and **athlete**  
- guidance towards a balanced, healthy and sound life for yourself and your adepts

Develop your competence

## Education weekend Oct 4-6

**Ulricehamn** Coaching (all levels), timing, venues and more

*First register stop Sep 1.*



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# General information from SSA/FIS

Join us in our strive for **attractive cross country skiing all year around**

and towards

**More and Better**

Good luck to all! Wishes for **fair and safe competitions** where the strongest skiers of the day are **victorious**

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# Q&A



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# Thank you and good luck!

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